



2010 New Ulm-Cathedral Co-op Track



A Season Summary preserving the legacy of the area's sports history.

Material secured from websites of New Ulm Daily Journal and other newspapers, contributions of teams and schools, NUSC and others.

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Enrollment (9-12):
677
Year Founded:
1857
Admin. Region: **2AA**

Coach: Laura Prechel
Assistant Coaches
Dan Walden
Justin Kitzberger
Tim Britz

New Ulm / Cathedral 2010 Boy's Track Schedule and Season Results

Date	Type	Opponent	Location	NU Score	Place	Page
03-26-10	Indoor	St. James, Blue Earth Area, St. Peter, Fairmont	Minnesota State	No report		5
04-05-10	Indoor	Hutchinson	Minnesota State	No Report		6
04-13-10	Invitational	Hutchinson 179.5, Willmar 152.5 Litchfield 84.5, GFW and New London-Spicer 68.5, St. Cloud Apollo and New Ulm 47, Rocori 36	Litchfield HS	47	T6th of 8	7
04-15-10	Invitational	Hutchinson Opponents unreported. Results incomplete	Hutchinson	65	6th of ?	8
04-19-10	Invitational	Worth, Windom, Jackson Co Central, BOLD/BL-H	Windom	No team scores reported		
04-26-10	Invitational	Marshall 67.5, Willmar 87.5	Marshall	32	3rd of 3	9
04-29-10	Invitational	Waseca 82, Sleepy Eye 30 GFW 65	New Ulm HS	81	2nd of 4	9
05-03-10	Invitational	Blue Earth Area 62, MVL 57 Springfield, Comfrey/Cedar Mtn 65	New Ulm HS	72	1st of 4	12
05-06-10	Cougar Relays	1-Mankato East 241, 2-Austin 194 Mankato East 3-Faribault 169, 4-Marshall 128, 5-New Ulm 100 6-Belle Plaine 96, St. Peter 87, Waseca 82		100	5th of 8	16
05-11-10	Sect True Team	1-Mankato East 498 2-Worthington 448.5. 3-Faribault 365. 4-MNankato West 328. 5-Fairmont 328. 6-Waseca 280. 7. Albert Lea 270.5. 8-New Ulm 209. 9-St. Peter 191. Fairmont	Fairmont	209	8th of 9	20
05-13-10	Invitational	TBD	Worthington	50.5	Unknown	22
05-18-10	Conference	South Central Conference 1-BEA 137.5, Fairmont 136.5. 3- Waseca 103.5 4-St. Peter 67.75. 4-NU 62. 6-St. James 46.25	Blue Earth Area	62	5th of 6	25
05-20-10	Triangular	Hutchinson High School Hutchinson 94, LittleFalls 67 New Ulm 25	Hutchinson	25	3rd of 3	28
06-03-10		Section 2A Meet at Gustavus Adolphus. 1-Mankato East 122, Buffalo 105, Orono 63.	St. Peter	22	13 of	28

New Ulm / Cathedral 2010 Girl's Track Schedule and Season Results

Date	Type	Opponent	Location	NU Score	Place	Page
03-26-10	Indoor	St. James, Blue Earth Area, St. Peter, Fairmont	Minnesota State	NR	NR	5
04-05-10	Indoor	Hutchinson	Minnesota State	NR	NR	6
04-13-10	Invitational	Litchfield 151, Hutchinson 154, Willmar 125.5, New London-Spicer 90.5, St. Cloud Apollo 87, Ricori 87	Litchfield HS	28	7th of 7	7
04-15-10	Invitational	Hutchinson Opponents not reported. Results incomplete.	Hutchinson	48.5	6th of ?	8
04-19-10	Invitational	Worth, Windom, Jackson Co Central, BOLD/BL-H	Windom	No team scores reported		
04-26-10	Invitational	Marshall 107.5 Willmar 52.5	Marshall	26	3rd of 3	9
04-29-10	Invitational	Waseca 132, Sleepy Eye 72, Gibbon-Winthrop-Fairfax 10	New Ulm HS	40	3rd of 4	9
05-03-10	Invitational	Blue Earth Area 89, MVL 79 Springfield, Comfrey/Cedar Mtn 37	New Ulm HS	45	3rd of 3	12
05-06-10	Cougar Relays	1-Mankato East 208 2-Austin 194	Mankato East	57	8th of 8	15
05-11-10	Sect True Team	1-Waseca 427. 2-Mankato West 419, Fairmont 3-Mankato East 412. 4-Fairmont 3985 5-Faribaut 271.5. 6-Albert Lea 270.5. 7-St. Peter 259 8-Wprtjgtpm 216. 9-New Ulm 50.5 Fairmont		50.5	9th of 9	20
05-13-10	Invitational	Trojan Relays	Worthington	51	Unknown	23
05-18-10	Conference	South Central Conference 1-Fairmont 151, 2-Waseca 145. 3 3-BEA 134, St. Peter 71.5. 5- St. James 39, New Ulm 15.	Blue Earth Area	15	6th of 6	25
05-20-10	Triangular	Hutchinson High School	Hutchinson	19.5	3rd of 3	28
06-04-10	Section	Gustavus, Adolphus 1-New Praque 2, Mankato East 89, Waconia 75.	St. Peter	48	T6th of na	28



New Ulm - NUC Boy's and Girl's Track Field



Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.

Reserved for team Picture

2010 NU-NUC Boy's Track Roster

#	Name	Pos	Grade
0	Amber Konakowitz		12
0	Anna Hildebrandt		10
0	Annalisha Schmidt		8
0	Beth Bunda		9
0	Bree Friedman		9
0	Brittany Gulden		9
0	Chantel Ruehling		11
0	Courtney Lang		9
0	Courtney Schaefer		10
0	Jaclyn Britz		11
0	Jatia Traulich		10
0	Kacie Zangel		9
0	Kara Hendrickson		11
0	Kayla Evers		10
0	Kendra Steinberg		10
0	Kirsi Hauhia		12
0	Kylie Waltherman		9
0	Lindsay O'Connell		11
0	Marissa Klimmek		11
0	Melanie Becker		12
0	Miriam Henning		10
0	Monica Illikman		9
0	Rachel Enwright		12
0	Shalyn Salonek		11
0	Shyranda Hornick		12
0	Stacy Eckstein		10
0	Veronica Longo		11
0	Whitney Wiethoff		9
0	Wiebke Neuhaus		12

2010 NU-NUC Boy's Track Roster

#	Name	Pos	Grade
0	Aaron Stark		9
0	Adam Wenzel		10
0	Andrew Hawkins		10
0	Andy Julius		12
0	Ben Kittler		9
0	Brady Greenwaldt		10
0	Brandon Berg		11
0	Caleb Schmidt		10
0	Christian Stewart		10
0	Cody Lensing		12
0	Derek Anderson		10
0	Dylan Burger		10
0	Dylan Christensen		10
0	Evan Waltherman		11
0	Fritz Rieke		9
0	Ian Melville		10
0	Jacob Schmidt		12
0	Jason Johnson		12
0	Kevin Canonge		12
0	Kyle Gag		10
0	Luke Guggisberg		11
0	Michael Soukup		10
0	Mike Dickinson		9
0	Nate Moreno		11
0	Nick Wilfahrt		12
0	Paul Ryberg		12
0	Riley Drahota		9
0	Ruo Chen Wei		12
0	Sam Miller		9
0	Sanjeev Mishra		10
0	Silas Sellnow		10
0	Toby Sehrama		0
0	Tony Hillesheim		11
0	Zach Holmquist		10



New Ulm— NUC Boy's and Girl's Track and Field

*Season game reports as gathered from New Ulm Journal and other newspapers
and resources by New Ulm Sports Central.*



Reserved for year-end stats and
special awards

Eagles to build off last year

By Toni Tweten — Journal Sports Writer

POSTED: April 3, 2010

NEW ULM - The New Ulm/New Ulm Cathedral boys and girls track and field team are adding building blocks to the starting blocks.

"Last year, our goal as a team was to lay some groundwork," head coach Laura Prechel said. "We did that and had a solid year. The boys placed second in the conference and won their invitational meet last season. This year our goal is to improve again."

Prechel sees the Eagles taking that goal and well, running with it.

"We have some quality athletes with major goals this season. We've set a good base and the rest will follow along. I know that we can build on what we started last season and take it even farther."

A few of these goals for the Eagles include higher ranking for the girls team within the South Central Conference, the same ranking or higher for the boys team and sending talented individuals on to state.

Leading the Eagles this season as captains are seniors Jacob Schmidt, Rachel Enright, Nick Wilfahrt, and junior Marissa Klimmek.

"I could not have asked for four better captains," Prechel said. They work hard at practice and are good leaders in and out of school."

The captains also have set goals for the season, both personally and with the team.

"I know that as a team we can keep improving," Wilfahrt said. "We just have to give it all we've got every practice and stay confident. For myself, I'm already thinking about sectionals. I know that it will take focusing on every meet and doing my best to get there."

"Personally, I am trying to cut down my times and improve my races," Klimmek said. "I'm pushing myself hard and I hope that pushes the team too."

"It's just going to take a lot of hard work to improve." Enright added.

Schmidt, who placed first in discus and second in shot put last season at the conference meet, sees improvement not only in the team, but also within the program.

"As a weightman, I've seen drastic improvements in the past two years. I think we could take first, second and third this season at the conference level. On a personal level, I'm just going to keep working at improving."

Some of the improvements of the track and field program stem from time in the weight room and New Ulm coaches meeting to discuss "crossover."

"Crossover happens when athletes are in more than one sport," Prechel said. "The coaches here at the school are working hard to encourage the kids to try new things. We all want to see athletes excelling in every sport and improvements in every program."

The Eagles are already seeing improvements since their first indoor meet on March 26.

"Our first meet went well," Prechel said. "We didn't keep score but we had a few runners surprise us, like eighth grader Annalisha Schmidt in the 60 and 200 meter dash. I'm excited to see what our team can do."



Staff photo by Steve Muscatello
The captains of the New Ulm Track Team pictured from left: Jacob Schmidt, Nick Wilfahrt, Marissa Klimmek and Rachel Enwright.



NEW ULM - NUC HIGH SCHOOL EAGLES TRACK

Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.



No public report made of 3-26-2010 Indoor meet at Mankato



NEW ULM - NUC EAGLES TRACK 2010

Season game reports as gathered from New Ulm Journal and Other newspapers and resources by New Ulm Sports Central.



No public report made of 4-5-2010 indoor meet with Hutchinson



NEW ULM - NUC EAGLES TRACK 2010

Season game reports as gathered from New Ulm Journal and Other newspapers and resources by New Ulm Sports Central.



NUHS, GFW track teams compete at Litch

POSTED: April 15, 2010 New Ulm Journal

LITCHFIELD - The New Ulm and Gibbon-Fairfax-Winthrop track and field teams participated at the Litchfield Invitational Tuesday, where the GFW boys took fourth with 74 points and New Ulm was sixth with 58 points.

Hutchinson won the boys competition with 179.5 points, followed by Willmar (152.5), Litchfield (84.5), GFW, New London-Spicer (68.5), New Ulm, St. Cloud Apollo (47) and Rocori (36).

In the 100-meter dash, GFW's Jay Rogotzke was second in 11.94 and New Ulm's Luke Guggisberg was fourth in 12.33.

Rogotzke won the 200-dash in 23.74 and Guggisberg was fourth in 24.18 and Rogotzke also won the 400-dash in 53.37 and New Ulm's Tony Hillesheim was fourth in 55.29.

In the 110-hurdles, GFW's Josh Boyda took second in 16.18 and was fifth in the 300-hurdles in 44.13.

In the high jump, New Ulm's Caleb Schmidt was third with a mark of 5-6 and Michael Soukup was fourth with a mark of 5-3.

Boyda was fourth in long jump (17-09.25) and New Ulm's Jacob Schmidt was second in shot put (48-3.75) and teammate Paul Ryberg was fourth (46.3)

GFW's Kyle Hoffman was first in discus (140-9) and Jacob Schmidt was fourth (132-feet).

On the girls side, New Ulm took seventh with 28 points.

Litchfield won (151), followed by Hutchinson (144), Willmar (125.5), NLS (90.5), St. Cloud Apollo (87), and Rocori (87).

For the Eagles, Marissa Klimmek was second in the 400 in 1:04.36 and second in the 800 in 2:28.

No other Eagles or GFW athletes finished in the Top 5.



NU & NUC 2010 CO-OP TRACK

Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.



NU boys, girls sixth at Hutch

POSTED: April 16, 2010 New Ulm Journal

HUTCHINSON - The New Ulm boys track and field finished sixth at the Hutchinson Invite Thursday with 64 points.

Jacob Schmidt won the shot put with a toss of 48-feet-9 inches and Tony Hillesheim was second in the 400-meter dash in 53.7. Paul Ryberg was second in the shot put (45-8.5) and Schmidt was third in discus (124-1). Luke Guggisberg was third in the 200-meter dash in 24.3.

The New Ulm girls finished sixth with 48.5 points. Marissa Klimmek was first in the 1,600-meter run in 5:39.4 and the 800 in 2:30.2.

NU girls, boys compete at Windom

WINDOM - Marissa Klimmek placed in three events at the Windom Invitational Monday. Team scores were not available for the meet.

Klimmek won the 1,600 meter run with a time of 5:34.02. She was also third in the 400 (1:05.10) and the 800 (2:37.84).

Annalisha Schmidt was fifth in the 100 (14.24) and the 200 (30.05 seconds). Shalyn Salonek was second in the shot put with a toss of 32-feet-5-inches. Jaelyn Britz was fourth in the high jump with a height of 4-6 and Jatia Traulich was third in the pole vault with a height of 7-feet.

For the boys, Jacob Schmidt was second in the shot (46-4) and the discus (131-6). Paul Ryberg was third in the shot with a toss 45-feet.

Luke Guggisberg was second in the 200 (23.88), fifth in the 100 (12 seconds) and he was on the 4x100 relay team that was third in 48.97 seconds. Also on the team was Kyle Gag, Evan Walterman and Andy Hawkins. The 4x200 relay team of Dylan Burger, Mike Dickinson, Gag and Walterman finished third in 1:45.94.

Tony Hillesheim was second in the 400 with a time of 54.45 seconds. Nick Wilfahrt was fourth with a time of 46.73 seconds. Adam Wenzel was fifth in the 200 (25.56 seconds) and Tony Schrama was fourth in the 3,200 (1



NU & NUC 2010 CO-OP TRACK



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NU boys, girls third

POSTED: April 27, 2010

MARSHALL - The New Ulm boys track and field team took third at the Marshall Invitational Monday.

Willmar won with 87.5 points and Marshall had 67.5 points. New Ulm finished with 32 points.

The New Ulm girls also finished third with 26 points. Marshall won with 107.5 points and Willmar had 52.5 points.

For the New Ulm boys, Cory Hillesheim won 400-meter dash in 53.02. Jake Schmidt won the shot put with a toss of 49-feet-9 inches and the discus with a mark of 130-3.

For the girls, Marissa Klimmek won the 800 in 2:34.27 for the Eagles only first-place finish

NU boys take second

POSTED: April 30, 2010 New Ulm Journal

By Toni Tweten
Journal Sports Writer

NEW ULM- Sunshine wasn't the only surprise at the New Ulm track and field team invitational Thursday, involving Gibbon-Fairfax-Winthrop, Waseca, Sleepy Eye United, and New Ulm.

The Waseca boys team edged out New Ulm 82-81 to win the meet. GFW scored a 65 and SEU scored 30 points.

"The boys have really performed today, especially the throwers," New Ulm head coach Laura Prechel said. "Our sprinters have really done well too."

Weightman Jake Schmidt placed first in the shot put and second in discus and hurdler Brandon Berg placed first in both the 110 and 300-hurdles.

For the girls, Waseca won the meet with 132 points, followed by SEU with 72, New Ulm with 40 and GFW with 10 points.

"The girls have really stepped up today," SEU head coach Kris Bloedel said. "We have some seniors gone and the younger girls accepted it and really did well."

SEU's Claire Krumbach won both the 100 and 300-hurdles, the relay teams won the 4x100 and 4x200.

One of the keys to success for SEU is a pack mentality.

"My middle and long distance runners like to run as a pack," Bloedel said. "They push each other in practice and in meets."

Bloedel is also seeing effort and continual improvement.

"They're going out there and doing their best and that's all I can ask of them."



Staff photo by Mary Roufs
New Ulm's MelannieBecker competes during the track meet on Thursday afternoon in New Ulm. For more photos of this event, go to Cu.nujournal.com

Ed. Note: The caption for this photo on the Journal website was incorrect. The photo of Aaron Stark was not posted on the Journal website



NU & NUC 2010 CO-OP TRACK

Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.



GFW is another team focused on giving its best.

"We don't have a lot of depth, but we have quality people at each event," GFW head coach Roger Rogotzke said. "Our throwers have been doing well and our sprinters and middle runners are stepping up."

Jay Rogotzke won the 100, 200 and 400-meter dashes, and Kyle Hoffman placed first in discus and third in shot put. (1

There are events, of course, that need a little tweaking.

"We need to work on our relays and fix some things there," Rogotzke continued. "We're just working hard to keep everyone healthy all the way through the season."

For the New Ulm girls, depth is also issue.

"The girls are working hard," Prechel said. "[Marissa] Klimmek has a solid meet, placing first in the 400-meterdash and second in the 800-meter. However, overall we could use more depth. We're a young team and I know we'll keep developing."

Team score

Boys: NU 81 WAS 82 SEU 30 GFW 65

Girls: WAS 132 SEU 72 NU 40 GFW 10

Girls:

Relays

4x1: SEU 53.06, NU 54.69, WAS 58.57

4x2: SEU 1:50.91, WAS 1:54.15, NU 2:01.88, GFW 2:08.83

4x4: WAS 4:23.07, NU 4:32.69, SEU 4:38.49

4x8: WAS 10:26.96, SEU 10:50.13 NU 11:42.74

Running events

100m K. Seberson WAS 12.73, Neigebauer WAS 12.78, Carr SEU 13.23, Schmidt NU 13.25, Schmete SEU 13.42

200m Neigebauer WAS 26.26, Guse WAS 26.30, Marti SEU 26.35, Schmidt NU 28.26, Bankin SEU 28.84

400m Klimmek NU 1:02.95, Hedberg WAS 1:06.96, Byron WAS 1:08.12, Branten SEU 1:08.57, Enright 1:09.24

800m Hadley WAS 2:38.48, Klimmek NU 2:30.57, Larson WAS 2:33.92, Schwartz SEU 2:41.48, Cselouseki WAS 2:41.48

1600m. O'Brien WAS 5:43.48, Schumacher SEU 6:05.02, Roiger SEU 6:08.60, Goblirsch SEU 6:17.89, Illikman NU 27.10

3200m Novak-king WAS 12:45.57, Burke WAS 13:10.32, Schumacher SEU 13:23.54, Roiger SEU 13:27.16, Goblirsch SEU 14:08.13

Hurdles

100m Hurdles: Krumbrock SEU 17.56, Dusch SEU 17.63, Miller WAS 17.67, M. Zimmerman WAS 18.38, Friedman NU



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Hurdles

100m. Hurdles: Krumbach SEU 17.56, Busch SEU 17.63, Miller WAS 17.67, M. Zimmerman WAS 18.38, Friedman NU 19.22:
300m hurdles: Krumbach SEU 51.80, Busch SEU 52.39, Zimmerman WAS 52.95, Lashbrook WAS 56.21

Field Events

Triple Jump: C. Deidrich WAS, 31.2, Will WAS 31.1, Schmith SEU 30.7.5, Hildebrandt NU 30.6.5, Busch SEU 30.4.5
Discus: Streich WAS 112'7, Plates GFW 95'1, Simmons WAS 89'9, Romain WAS 85'1, Tretson GFW 80'5
Shot Put: Hoy WAS 34'1, Striech WAS 33'8, Plates GFW 32'11, Salonek NU 31'6.75, Evers NU 26'11.
High Jump: Bankin SEU 5'9, Miller WAS 5'0, Britz NU 4'4, Guse WAS 4'4, Palmer GFW 4'2.

Boys

Relays

4x1: WAS 46.54, NU 47.32, SEU 48.12, GFW 52.20,
4x2: WAS 1:41.01, NU 1:43.00, GFW 1:49.26, SEU DQ
4x4: NU 3:45.31, WAS 3:49.02, SEU 3:55.47, GFW 4:04.32
4x8: WAS 8:46.85, NU 9:04.33, SEU 9:17.33, GFW 10:31.45

Running events

100m Rogotzke GFW 11.40, Krassin WAS 11.42, Guggisberg NU 11.55, Wilfahrt NU 11.99, Braun SEU 13.38
200m Rogotzke GFW 22.73, Guggisberg 23.33, Wenzel 24.37, Denn WAS 24.40, Morgan GFW 27.53
400m Rogotzke GFW 52.20, Hillisheim NU 53.23, Marquez SEU 53.63, Shakal WAS 54.47, Wilfahrt NU 56.53
800m Rudolph WAS 2:07.60, Albrecht GFW 2:15.02, Taralseth GFW 2:17.02.
1600m Streich WAS 4:51.67, Albrecht GFW 4:55.32, Gatton GFW 5:24.73, S. Miller 5:29.10, Briones SEU 5:29.67
3200m Sass WAS 10:32.76, Butler SEU 11:43.16, Gatton WAS 12:12.07, Melville NU 13:07.10, Roiger SEU 13:22.26
Hurdles

110 hurdles Berg NU 16.35, M. Sprenger SEU 17.38, J. Deling WAS 18.33, F. Fairchild GFW 20.51, Rieke 23.84

300m hurdles Berg NU 43.58, Sprenger SEU 45.72, Zimmerman WAS 49.03, Fairchild GFW 50.57, Kober SEU 53.12

Field Events

Discus Hoffman GFW 149-9 J. Schmidt 130-6, Hartman GFW 121-4, Sass WAS 120-8, Ryberg NU 113-9.

Shot Put: J. Schmidt NU 49'11.5, Ryberg NU 42'6, Hoffman GFW 41'1.25, Hartman GFW 39'2, Sass WAS 37'9.25

High Jump: Tenny WAS 5'8, Deling WAS 5'6, Harvy 5'6, C. Schmidt NU 5'2, Prigge GFW 5'0.

Triple Jump: Albrecht GFW 36'10.75, Hawkins NU 35'3, Kober SEU 33'10, Dvorak WAS 33'4, Teshesh SEU 31'2.75



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Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.

NU boys win Invite

POSTED: May 4, 2010 New Ulm Journal

By Toni Tweten, Journal Sports Writer

NEW ULM - It came down to a final race between the New Ulm and Cedar Mountain/Comfrey/Springfield boys to determine who would win the New Ulm track and field invitational Monday night.

New Ulm pulled ahead in the 4x400 relay to win the race by five-tenths of a second and won the meet 72-65 over CMCS. Blue Earth Area scored 62 and Minnesota Valley Lutheran had 57 points.

"The kids have been working hard this season," CM/C/S head coach Mike Freitag said. "Our field events really carry us. We score a lot of quiet points there. The boys have a lot of depth."

Freitag is also looking ahead to the end of the season.

"The boys have a goal of winning the conference," Freitag said. "From there on, it's all individual."

"I know that we can send boys on to sectionals and even state. Last year was the first year in my time as head coach we didn't send a kid to state. I want to see someone get back there."

The CM/C/S girls also have postseason goals.

"The girls don't have enough depth to win the conference," Freitag said. "But we do have some solid athletes that could go on in post-season competition. Nicole Kerkhoff has been a great jumper for us and the 4x800 relay team has been doing really well. Rachel Hoffbeck has also been having a great season as a sprinter in the one hundred, two hundred and four hundred meter dashes."

New Ulm senior weight man Jacob Schmidt, who placed first in both the shot put and discus, is striving to reach personal goals as well.

"My main goal this season is to hit 50 feet with the shot put," Schmidt said. "I've hit 49 feet, 11.5 inches so I'm almost there. This should put me in a good spot for conferences and sectionals."

However, it has taken Schmidt a lot of work to get there.

For New Ulm, Luke Guggisberg won the 200-meter dash, and placed second in the 100. Brandon Berg won the long jump and placed second in the triple jump.

The Minnesota Valley Lutheran boys track team is recovering from injuries and a slow start to the season. "The beginning of our season wasn't as good as we had hoped," MVL head coach Rollin Timm said. "But we're coming around. We've struggled with some injuries but today everyone is looking healthy."

Timm acknowledged some standout athletes.



Staff photo by Mary Roufs
New Ulm's Brandon Berg competes in the high hurdles during the track meet on Monday at New Ulm. For more photos of this event, go to cu.nujournal.com



NU & NUC 2010 CO-OP TRACK

Season game reports as gathered from New Ulm Journal and other news-



"Josh Ristow has been a surprise for us. He's been consistent and a leader for the team."

Also for MVL, Justin Steffl won the two-mile run in 11:06.96 and Matt Tessmer won the 100-meter dash and placed second in the 400. The 4x100 relay team won their event.

Timm also has goals for the rest of the season.

"We're hoping to peak at sub-sections," Timm said. "And we're pushing to see our times continue to drop. We're also hoping to send some kids on to sections and maybe even state. They've been running well lately."

For the girls, BEA won the meet with 89 points, followed by MVL with 79 points. New Ulm scored a 45 CM/C/S had 37 points.

For MVL, Sarah Burk broke a school record in the 100-meter hurdles in 15.87 seconds and won the 200-meter dash and the long jump. The 4x100 and 4x200 relays teams also won their events.

Hoffbeck won the 100 and 400-meter dash for CM/C/S and Kerkhoff won the high jump.

For New Ulm, Marissa Klimmek won the 800 and 1,600-meter and Shalyn Salonek placed first in the shot put.

Team scores

Boys: NU 72 CM/C/S 65 BEA 62 MVL 57 Girls: BEA 89 MVL 79 NU 45 CM/C/S 37

Girls

Relays

4x1: MVL 53.18, BEA 53.32, NU 54:87, CMCS 1:00.84
4x2: MVL 1:59.79, NU 2:04.19, BEA 2:04.23, CMCS 2:06.51
4x4: BEA 4:21.03, MVL 4:27.65, NU 4:31.30, CMCS 5:05.89
4x8: BEA 10:32.42, CM/C/S 11:13.15, NU 11:17.08, MVL 11:43.16

Running events

100m Hoffbeck CMCS 12.83, Evenson MVL 12.84, Holland BEA 13.16, Evers MVL 13.21, Schmidt NU 13.56
200m Burk MVL 27.26, Gulden NU 30.38, Waltermann NU 30.86, Warmka BEA 29.37, Leng NU 31.14
400m Hoffbeck CMCS 1:03.51, Krieger BEA 1:06.70, Enright NU 1:08.16, Becker NU 1:09.73, Madsen CMCS 1:10.33
800m Klimmek NU 2:30.64, Robinson CMCS 2:39.91, Mitjuschkin CMCS 2:42.10, Shult MVL 2:57.43, Royer BEA 3:00.5
1600m Klimmek NU 5:34.81, Illikman NU 6:07.86, Fischer MVL 6:13.02, Warmka BEA 6:22.49, Balge MVL 6:39.33
3200m Waker BEA 13:05.10, Hopp MVL 14:03.39

Hurdles

100m. Hurdles Burk MVL 15.84, Hagedorn BEA 17.03, Tyler BEA 18.56, Dinse MVL 18.84, Plotz CMCS 19.44
300m hurdles Hagedorn BEA 49.87, Lange MVL 50.73, Evers MVL 50.78, Auke BEA 55.37

Field Events

High Jump: Kerkhoff CMCS 4'10, Lange MVL 4'8, Evenson MVL 4'6, Wagner BEA 4'6, Meyer BEA 4'4.
Triple Jump: Hassing BEA 33'11, Warmka BEA 31'9.5, Kerkhoff CMCS 31'3.5, Hildebrandt NU 30'10, Hoffman MVL 28'11.5
Long Jump: Burk MVL 15-7.5, Hassling BEA 14-11.75, Holland BEA 14-6.75, Kerkhoff MVL 14-0.75, Evers MVL 13-5
Discus: Krieger BEA 100'7, Dinse MVL 98'7, Hoyt BEA 98'6, Hoffman MVL 93'2.5, Salonek NU 90'4
Shot Put: Salonek NU 35'1, Ristau BEA 32'3, Hoffman MVL 28'10.25, Krieger BEA 26'9, Evers NU 25'10.25



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Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.

Boys

Relays

4x1: MVL 46.44, CMCS 47.27, NU 47.54, BEA 47.61
4x2: BEA 1:38.36, MVL 1:40.15, NU 1:41.53, CMCS 1:42.95
4x4: NU 3:41.93, BEA 3:46.48, CMCS 3:54.93
4x8: CM/C/S 9:25.83, BEA 9:27.29, NU 10:00.30, MVL 10:48.50

Running events

100m Tessmer MVL 11:17, Guggisburg NU 11:39, Anderson CMCS 11:43, Bergemann MVL 11:64, Wenzel NU 12:21
200m Guggisburg NU 23.25, Dyslin BEA 23.84, Tessmer MVL 24.11, Bergemann MVL 24.38, Zebedee BEA 24.45
400m Carr BEA 51.36, Tessmer MVL 52.17, Hillesheim NU 52.80, Olson BEA 55.27, Soukup NU 58.21
800m Hamperl BEA 2:04.48, Hillesheim NU 2:15.23, Vasquez BEA 2:16.64, Hoffman MVL 2:16.82, Stelljes MVL 2:18.86
1600m Larson CMCS 4:56.00, Stelljes MVL 4:59.67, Zastrow BEA 5:09.13, Wagner BEA 5:14.82
3200m Steffl MVL 11:06.95, Ewers CMCS 11:52.00, Sehrama NU 11:52.23, Vasquez BEA 12:53.51, Goraczowski BEA 12:55.39

Hurdles

110m Hurdles Carr BEA 15.07, Boettger CMCS 15.83, Berg NU 16.40, B. Dose MVL 18.09, S. Dose MVL 19.93.
300m hurdles Boettger CMCS 43.67, Berg NU 44.13, Wilfahrt NU 45.28, B. Dose MVL 45.53, Plocker BEA 49.31
Field Events

High Jump: Golden CMCS 5'10, Carlson CMCS 5'10, Evers MVL 5'8, Hoffman MVL 5'6, C. Schmidt 5'2
Triple Jump: Sholtz CMCS 39-4, Berg NU 39-1, Carlson CMCS 37-0.5, Flores BEA 36-8.75, Plocker BEA 35-7.5,
Long Jump: Berg NU 19-0.5, Schultz CMCS 19-0.25, Carlson 18-3, Tessmer MVL 18-0.75, Sanchez BEA 17-6.25
Discus: J. Schmidt NU 134'11, Stubbs CMCS 107'8.5, Lee BEA 106'10, Ryberg NU 105'7.5, B. Dose MVL 91'11.
Shot Put: J.Schmidt NU 49'6.25, Lee BEA 45'0.5, Ryberg NU 43'7. J. Andrew BEA 42'4, Brown MVL 38'2



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Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.

[COUGAR RELAY RESULTS FROM MANKATO FREE PRESS](#)—Stats and NUJ Journal Reports follow

May 7, 2010 Mankato Free Press

East holds off Belle Plaine to repeat at Cougar Relays

St. Peter's Kamm back on track, gunning for state

By Jim Rueda Free Press Sports Editor

MANKATO — Running as fast and jumping as high as possible are admirable goals for St. Peter sophomore Kaitlin Kamm, but as far as she's concerned, staying healthy is the ultimate achievement.

Last year, Kamm won the 100-meter hurdles in her subsection meet with a time of 15.35 and looked to be on course to qualify for state. It never happened. Kamm came down with a 105-degree fever the night before sections and never competed.

"That was very disappointing," Kamm said Thursday during the annual Cougar Relays at Wolverton Field. "I really wanted to race but I just couldn't. I never even looked to see if my subsection time would have been good enough to qualify for state."

On Thursday, Kamm had the fastest time in the 100 hurdles at 16.84. Kamm admitted she's not as proficient in the 300 hurdles, but said she's getting better at it.

Her best time in the 300 of 49.5 came last year. She's come close this season with a 50.1 but has not yet been able to crack the 50-second barrier.

"I'm working on it," she said. "I just need to keep training hard and it'll happen." Kamm's two relay efforts on Thursday helped St. Peter finish second in both events.

Host Mankato East successfully defended its Cougar Relays title, scoring 208 points to finish first. Belle Plaine made a strong push at the end to place second with 185. Rounding out the team scores were Faribault (168), Waseca (165), St. Peter (115), Marshall (115), Austin (89) and New Ulm (57).

East's winners included the 100 high hurdles relay as Desiree McGinley, Allyse Johnson, Rebekah Kolstad and Liz Dauk clocked a 1:12.58. The Cougars' 300 hurdles team was also first as Bethany Murray, Piper Timmerman, Kjersten Lemke and McGinley recorded a 3:28.50.

East's discus relay of Whitney Carriveau, Rebekah Hess, Allison Enderle and Grace Benzkofer finished first in 380-feet-10. The Cougars' long jump relay of Brogan Ray, Mandy Smith, Emily Bartels and Sara Lundgren was also first at 54-4.

East picked up yet another first in the pole vault relay. Alex Miller, Angela Substad, Shelby Seifert and Samantha Gertner delivered a combined height of 35-feet even.

Belle Plaine's winners were the 4x200 relay of Celeste Borchardt, Katie Read, Jamie Read and Alex Hartman (1:50.73) and the short sprint medley of Shannon Egan, Clair Stier, Cassie Caola and Haley Fogarty (1:57.98).

The Tigers also got a win from their 4x100 relay. Borchardt, Katie Read, Jamie Read and Hartman recorded a 51.31. Belle Plaine's foursome of Miranda Koenig, Izzy Haefner, Rachel McDermand and Cyndi Kroells won the thrower's relay in 59.48. Fogarty, Stier, Caola and Amara Meyer combined to win the triple jump in 123-9.5. Belle Plaine's final win came in the 4x400 relay where Erika Schneider, Borchardt, Fogarty and Katie Read finished in 4:16.21.

Waseca earned a first in the 4x800 relay. Allison Streich, Mikayla Sleggh, Morgan Larson and Allie Hadley turned in a time of 10:08.90. The Bluejays' foursome of Katie Guse, Brianna Miller, Anne Guse and Streich won the high jump relay at 19-8. Waseca also earned a win in the 6,400-meter relay. Larson, Mackenzie Burke, Sally O'Brien and Sadie Novak-Klug recorded a 22:42.53. The Jays' Mackenzie Hoy, Landi Dulas, Laura Nagy and Kari Simmons won the shot put relay in 122-7.5.



NU & NUC 2010 CO-OP TRACK



Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.

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Mankato East boys repeat at Cougar relays

Cougars' Ziegler getting back in swing after injury

By Jim Rueda Free Press Sports Editor

MANKATO — Sophomore Brody Ziegler had a pretty good afternoon for the Mankato East boys track and field team Thursday, but the fact that he was actually competing was his finest accomplishment.

"I hurt my back a couple of weeks ago, and I haven't been able to do the high jump until today," he said during the annual Cougar Relays at Wolverton Field. "I've had to sit out some drills but it's starting to feel pretty good."

Ziegler went 5-feet-10 in the high jump, which is under his personal best of 6-2.

"I'm hoping I'll be back to where I was before the injury in about a week," he said. "Then my goal is to try to reach 6-5."

Ziegler helped East win the high jump relay Thursday as he joined with Jordan Benesh, Ben Neyers and Anthony Anderson for a combined height of 23-feet-2. He also competed in the triple jump, spanning a distance of 35-10 and helping the Cougars to a first-place finish. He joined with Benesh, Colin Paarmann and Cameron Clause for a total distance of 159-1.5.

Ziegler said the Cougar Relays have become his favorite event of the season.

"I like it because it's the true true-team meet," Ziegler said. "It's a true measure of a team's depth. We're the defending champions so our goal is to repeat."

Ziegler and his teammates reached that goal as the Cougars scored 241 points to finish first. Austin was second with 194 and was followed by Faribault (169), Marshall (128), New Ulm (100), Belle Plaine (96), St. Peter (87) and Waseca (82).

Among the winning events for East were the 110 high hurdles where Paarmann, Matt Roberts, R.J. Strand and Jimmy Tong clocked a 1:10.55. Teammates Anderson David Smothers, Adam Lorentz and Kale Karstens combined to win the distance medley in 8:43.0.

The East thrower's relay of Kenthen King, Taylor Hayenga, Caleb Huls and Mat Schnorenberg turned in a first-place time of 49.86. The Cougars' pole vault team of Clause, Kent Esslinger, Roberts and Caleb Paarmann took first at 48-feet even.

East's discus relay had another first as Schnorenberg, Roberts, Haas, Huls and Sean Devens combined for a distance of 522-1.5. Closing out the victories for East were the long jump crew of Benesh, Paarmann, Ganamo Bati and Anderson who tallied 74-feet-11.5.

Waseca earned a victory in the 6,400 relay as Jeremy Sass, Shane Streich, Nic Rudolph and Cesar Gallegos finished in 19:26.02.

New Ulm got a win in the shot put relay. Jake Schmidt, Paul Ryberg, Caleb Schmidt and Brady Greenwaldt reached a combined distance of 179-6.



NU & NUC 2010 CO-OP TRACK



Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.

May 7, 2010

Prep track and field results from 5/6/10

The Free Press

• Boys Cougar Relays

TEAM SCORES: 1—Mankato East 241; 2—Austin 194; 3—Faribault 169; 4—Marshall 128; 5—New Ulm 100; 6—Belle Plaine 96; 7—St. Peter 87; 8—Waseca 82.

4x800 METERS: 1—Austin 8:20.96; 2—Mankato East 8:24.03; 3—Waseca 8:40.58; 4—Marshall 8:49.99; 5—Faribault 8:53.74; 6—Belle Plaine 9:06.25; 7—St. Peter 9:34.81; 8—New Ulm 10:02.76.

110 HIGH HURDLES: 1—Mankato East (Colin Paarmann, Matt Roberts, R.J. Strand; Jimmy Tong) 1:10.55; 2—Faribault 1:12.41; 3—Belle Plaine 1:20.79; 4—St. Peter 1:21.39; 5—New Ulm 1:24.74; 6—Marshall 1:59.95; 7—Waseca 3:18.85.

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- 4x200 METERS: 1—Austin 1:32.30; 2—Faribault 1:32.92; 3—Mankato East 1:35.30; 4—Marshall 1:36.53; 5—Belle Plaine 1:38.98; 6—St. Peter 1:39.87; 7—Waseca 1:43.84; 8—New Ulm 1:46.04.

SHORT SPRINT MEDLEY: 1—Marshall 1:38.52; 2—Mankato East 1:39.25; 3—New Ulm 1:40.50; 4—Austin 1:41.29; 5—Faribault 1:44.08; 6—Waseca 1:46.52; 7—St. Peter 1:49.34.

DISTANCE MEDLEY: 1—Mankato East (Anthony Anderson, David Smothers, Adam Lorentz, Kale Karstens) 8:43.0; 2—Marshall 8:43.89; 3—Austin 9:07.71; 4—Belle Plaine 9:09.79; 5—Faribault 9:18.84; 6—Waseca 9:49.69; 7—New Ulm 9:54.51; 8—St. Peter 10:41.42.

MEDIUM MEDLEY: 1—Austin 3:40.03; 2—Mankato East 3:46.86; 3—Belle Plaine 3:54.40; 4—New Ulm 3:57.66; 5—Faribault 4:07.03; 6—Marshall 4:10.54; 7—St. Peter 4:46.29.

300 HURDLES: 1—Faribault 3:01.92; 2—Mankato East 3:03.45; 3—Austin 3:07.72; 4—St. Peter 3:11.83; 5—Marshall 3:15.73; 6—Belle Plaine 3:16.49; 7—New Ulm 3:21.43; 8—Waseca 3:21.87.

6,400 METERS: 1—Waseca (Jeremy Sass, Shane Streich, Nic Rudolph, Cesar Gallegos) 19:26.02; 2—Mankato East 19:27.63; 3—Austin 19:41.83; 4—Faribault 20:11.70; 5—Marshall 21:31.31; 6—Belle Plaine 21:37.89; 7—St. Peter 21:47.95; 8—New Ulm 23:42.14.

4x100 METERS: 1—Faribault 45.19; 2—Mankato East 45.40; 3—Marshall 46.08; 4—Austin 46.68; 5—Belle Plaine 47.36; 6—Waseca 47.44; 7—New Ulm 48.20; 8—St. Peter 49.10.

THROWERS' RELAY: 1—Mankato East (Kenthen King, Taylor Hayenga, Caleb Huls, Mat Schnorenberg) 49.86; 2—Belle Plaine 50.88; 3—St. Peter 53.29; 4—Austin 54.58; 5—Faribault 54.97; 6—Waseca 55.01; 7—New Ulm 58.69.

4x400 METERS: 1—Austin 3:27.07; 2—Marshall 3:38.23; 3—Mankato East 3:38.56; 4—New Ulm 3:46.20; 5—St. Peter 3:46.74; 6—Faribault 3:47.44; 7—Waseca 3:55.0; 8—Belle Plaine 3:57.65.

SHOT PUT: 1—New Ulm (Jake Schmidt, Paul Ryberg, Caleb Schmidt, Brady Greenwaldt) 179-feet-6; 2—Mankato East 178-9; 3—Austin 168-9.5; 4—Marshall 166-5.75; 5—Faribault 159-3.5; 6—St. Peter 151-8; 7—Waseca 141-1; 8—Belle Plaine 120-11.

DISCUS: 1—Mankato East (Mat Schnorenberg, Robert, Haas, Caleb Huls, Sean Devens) 522-1.5; 2—New Ulm 441-0; 3—Austin 440-0.5; 4—Marshall 435-11; 5—Faribault 423-1.5; 6—Waseca 411-3; 7—St. Peter 395-10.5; 8—Belle Plaine 305.7.

LONG JUMP: 1—Mankato East (Benesh, Paarmann, Ganamo Bati, Anthony Anderson) 74-feet-11.5; 2—Faribault 71-11; 3—Austin 69-10; 4—New Ulm 63-5.5; 5—Marshall 62-9.5; 6—Belle Plaine 58-9.5; 7—St. Peter 58-6.5; 8—Waseca 44-10.0.

TRIPLE JUMP: 1—Mankato East (Jordan Benesh, Colin Paarmann, Cameron Clause, Brody Ziegler) 159-feet-1.5; 2—Austin 149-5.5; 3—Faribault 146-0.25; 4—St. Peter 138-7.5; 5—Waseca 134-4.75; 6—Belle Plaine 133-4.25; 7—New Ulm 130-10.75; 8—Marshall 130-6.

HIGH JUMP: 1—Mankato East (Jordan Benesh, Brody Ziegler, Ben Neyers, Anthony Anderson) 23-feet-2; 2—Austin 21-4; 3—Faribault 21-2; 4—Waseca 21-0; 5—Marshall 20-6; 6—St. Peter 19-8; 7—New Ulm 15-2; 8—Belle Plaine 9-10.

POLE VAULT: 1—Mankato East (Cameron Clause, Kent Esslinger, Matt Roberts, Caleb Paarmann) 48-feet-0; 2—Faribault 42-6; 3—Austin 37-0; 4—Belle Plaine 34-6; 5—St. Peter 28-0; 6—New Ulm 9-0.



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Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.

Girls Cougar Relays

TEAM SCORES: 1—Mankato East 208; 2—Belle Plaine 185; 3—Faribault 168; 4—Waseca 165; 5—St. Peter 115 and Marshall 115; 7—Austin 89; 8—New Ulm 57.

4x800 METERS: 1—Waseca (Allison Streich, Mikayla Slegh, Morgan Larson, Allie Hadley) 10:08.90; 2—Belle Plaine 10:21.86; 3—Marshall 10:32.47; 4—Mankato East 10:45.75; 5—Austin 10:48.34; 6—Faribault 10:49.52; 7—New Ulm 11:44.70; 8—St. Peter 13:14.86.

100 HIGH HURDLES: 1—Mankato East (Desiree McGinley, Allyse Johnson, Rebekah Kolstad, Liz Dauk) 1:12.58; 2—St. Peter 1:15.86; 3—Faribault 1:17.33; 4—Waseca 1:18.72; 5—Belle Plaine 1:20.57; 6—Marshall 1:20.74; 7—Austin 1:22.73; 8—New Ulm 1:27.10.

4x200 METERS: 1—Belle Plaine (Celeste Borchardt, Katie Read, Jamie Read, Alex Hartman) 1:50.73; 2—Faribault 1:51.65; 3—Mankato East 1:53.58; 4—Marshall 1:54.77; 5—Waseca 1:56.97; 6—Austin 1:58.68; 7—St. Peter 2:00.26; 8—New Ulm 2:05.51.

SHORT SPRINT MEDLEY: 1—Belle Plaine (Shannon Egan, Clair Stier, Cassie Caola, Haley Fogarty) 1:57.98; 2—Mankato East 1:59.31; 3—New Ulm 2:02.16; 4—Faribault 2:03.58; 5—Austin 2:06.86; 6—Waseca 2:12.38; 7—St. Peter 2:16.32.

DISTANCE MEDLEY: 1—Marshall 10:38.65; 2—Belle Plaine 10:42.93; 3—Austin 10:53.53; 4—St. Peter 10:57.67; 5—Mankato East 10:59.49; 6—Waseca 11:02.36; 7—New Ulm 11:38.20; 8—Faribault 11:54.92.

MEDIUM MEDLEY: 1—Faribault 4:28.39; 2—Mankato East 4:29.29; 3—Marshall 4:36.21; 4—Waseca 4:45.81; 5—New Ulm 4:48.74; 6—Belle Plaine 4:58.75; 7—Austin 4:59.02; 8—St. Peter 5:21.50.

300 LOW HURDLES: 1—Mankato East (Bethany Murray, Piper Timmerman, Kjersten Lemke, Desiree McGinley) 3:28.50; 2—St. Peter 3:30.41; 3—Faribault 3:39.95; 4—Waseca 3:42.71; 5—Austin 3:44.81; 6—Marshall 3:52.09; 7—Belle Plaine 3:57.91; 8—New Ulm 6:04.08.

6,400 METERS: 1—Waseca (Morgan Larson, Mackenzie Burke, Sally O'Brien, Sadie Novak-Klug) 22:42.53; 2—Faribault 23:39.60; 3—Mankato East 23:59.39; 4—Marshall 24:42.65; 5—Belle Plaine 24:58.53; 6—St. Peter 25:00.36; 7—Austin 26:34.37; 8—New Ulm 32:14.71.

4x100 METERS: 1—Belle Plaine (Celeste Borchardt, Katie Read, Jamie Read, Alex Hartman) 51.31; 2—Faribault 53.14; 3—Mankato East 54.07; 4—Marshall 54.08; 5—Waseca 56.06; 6—St. Peter 56.73; 7—New Ulm 58.14.

THROWERS' RELAY: 1—Belle Plaine (Miranda Koenig, Izzy Haefner, Rachel McDermand, Cyndi Kroells) 59.48; 2—Waseca 1:00.27; 3—St. Peter 1:01.35; 4—Mankato East 1:01.48; 5—Faribault 1:02.94; 6—Marshall 1:03.21; 7—New Ulm 1:07.71.

4x400 METERS: 1—Belle Plaine (Erika Schneider, Celeste Borchardt, Haley Fogarty, Katie Read) 4:16.21; 2—St. Peter 4:16.46; 3—Faribault 4:16.65; 4—Mankato East 4:18.17; 5—Waseca 4:19.47; 6—Marshall 4:31.50; 7—Austin 4:35.02; 8—New Ulm 4:38.39.

SHOT PUT: 1—Waseca (Mackenzie Hoy, Landi Dulas, Laura Nagy, Kari Simmons) 122-7.5; 2—Mankato East 121-1.5; 3—Faribault 107-5; 4—New Ulm 107-0.5; 5—Belle Plaine 105-7; 6—St. Peter 97-0.5; 7—Austin 96-1; 8—Marshall 95-8.

DISCUS: 1—Mankato East (Whitney Carriveau, Rebekah Hess, Allison Enderle, Grace Benzkofer) 380-feet-10; 2—Waseca 339-9.5; 3—Belle Plaine 318-11; 4—Faribault 300-2.5; 5—Austin 282-5.5; 6—New Ulm 276-9; 7—Marshall 269-11.5; 8—St. Peter 232-0.

LONG JUMP: 1—Mankato East (Brogan Ray, Mandy Smith, Emily Bartels, Sara Lundgren) 54-feet-4; 2—Austin 53-7.5; 3—Waseca 53-5.5; 4—Faribault 52-11; 5—Belle Plaine 52-10.5; 6—Marshall 50-2; 7—St. Peter 48-8.5; 8—New Ulm 47-2.

TRIPLE JUMP: 1—Belle Plaine (Haley Fogarty, Clair Stier, Cassie Caola, Amara Meyer) 123-feet-9.5; 2—Mankato East 121-2.25; 3—Austin 119-3.75; 4—Faribault 119-03.75; 5—St. Peter 118-01; 6—Waseca 117-11.50; 7—Marshall 110-3.75; 8—New Ulm 55-3.5.

HIGH JUMP: 1—Waseca (Katie Guse, Brianna Miller, Anne Guse, Allison Streich) 19-feet-8; 2—St. Peter 19-4; 3—Marshall 18-6; 4—Mankato East 18-2; 5—Faribault 17-6; 6—Belle Plaine 17-4; 7—Austin 16-10; 8—New Ulm 12-0.

POLE VAULT: 1—Mankato East (Alex Miller, Angela Substad, Shelby Seifert, Samantha Gertner) 35-feet-0; 2—Faribault 32-6; 3—Belle Plaine 29-



NU & NUC 2010 CO-OP TRACK



Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.

NU competes at East

POSTED: May 8, 2010 New Ulm Journal

MANKATO - The New Ulm track and field team competed at the Cougar Relays Thursday at Mankato East High School.

The New Ulm girls finished last out of eight teams with 57 points.

East won the event with 208 points, followed by Belle Plaine (185), Faribault (168), Waseca (165), St. Peter (115), Marshall (115), Austin (89) and New Ulm.

New Ulm finished fifth in the girls distance medley in 4:48.74 and fourth in the girls shot put relay with a mark of 107-feet-.5 inches. No other Eagles girls team cracked the Top 5.

On the boys side, New Ulm finished fifth with 100 points.

East won the event with 241 points and Austin was second with 194 points. Faribault (169), Marshall (128), New Ulm, Belle Plaine (96), St. Peter (87) and Waseca (82) rounded out the competition.

The boys shot put relay team won with a mark of 179-6. Jake Schmidt had a personal best of 50-3 and Paul Ryberg had a personal best of 48-5.

The discus relay team was second with a team mark of 441-feet.

The New Ulm 110-meter hurdles relay team was fifth in 1:24.74 and the 4x400-meter relay team was fourth in 3:46.2.

The 800-sprint medley team was third in 1:40.5 and the distance medley team was fourth in 3:57.66.

Eagles run at Section 2AA true team

POSTED: May 12, 2010 New Ulm Journal

FAIRMONT - The New Ulm boys track and field team finished eighth out of nine teams with 209 points at the Section 2AA True Team meet Tuesday.

Mankato East won the meet with 498 points, followed by Worthington (448.5), Faribault (365), Mankato West (328), Fairmont (328), Waseca (280), Albert Lea (270.5), New Ulm (209) and St. Peter (192).

New Ulm's Jacob Schmidt was second in the shot put with a throw of 49-feet-3 inches and Paul Ryberg was seventh with a mark of 43-2. Schmidt was third in the discus with a throw of 128-4.

Luke Guggisberg was fourth in the 200-meter dash in 23.82 and eighth in the 100-meter dash in 11.95 and Brandon Berg was fifth in the 110-hurdles in 16.83 and seventh in the long jump with a mark of 18-4.5. Berg was also sixth in the triple jump with a leap of 38-8.75.

Tony Hillesheim was fifth in the 400-meter dash in 54.04.

On the girls side, New Ulm finished ninth with 150.5 points.



NU & NUC 2010 CO-OP TRACK



Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.

Waseca won with 427 points, followed by Mankato West (419), Mankato East (412), Fairmont (398.5), Faribault (371.5), Albert Lea (270.5), St. Peter (259), Worthington (216) and New Ulm (150.5).

Rachel Enwright was seventh in the 400 in 1:04.57 and Marissa Klimmek was fifth in the 800 in 2:28.81. Shalyn Salonek was fifth in the shot put with a throw of 32-4 and seventh in the discus (92-6).

Cardinals 4th at team section

Jason Wilcox - Sentinel Sports Writer FAIRMONT SENTINEL (Edited for "results")

FAIRMONT - Section 2AA provided some red-hot track and field action on an ice-cold day.

The Waseca Bluejay girls broke the Mankato East Cougars' three-year section title reign, while the East boys notched their second straight trip to the True Team state meet by claiming the section title Tuesday at Cardinal Track in Fairmont.

The section champion teams advance to the True Team state meet at 3 p.m., Saturday, May 22, at Stillwater High School.

The runner-up teams, the Mankato West Scarlet girls and Worthington Trojan boys, both have the chance to advance to state via the wild-card route.

The Bluejays scored 427 points to West's second-place girls total of 419. The East boys scored 498 points, as Worthington grabbed 448.5.

The host Fairmont Cardinals placed fourth in the nine-team girls field with 398.5, while the Cardinal boys tied West for fourth of nine teams with 328.

(Note: Individual results were not available immediately following the meet.)

Eagles compete at Worthington track meet

POSTED: May 15, 2010 New Ulm Journal

WORTHINGTON - The New Ulm boys and girls track and field teams both took seventh at the Trojan Relays in Worthington.

For the boys, Luverne won with 184.5 points, Marshall was second with 106.5 and Worthington was third with 95.5. New Ulm finished with 50.5 points.

Jacob Schmidt was the top finisher for the Eagles. He was third in the shot put with a toss of 48-feet-11-inches and was fourth in the discus with a throw of 129-5.

Luke Guggisberg was third in the 200 in 23.98 seconds and was sixth in the 100 with a time of 12.18 seconds.

Tony Hillesheim was third in the 400 (52.71), Paul Ryberg was fourth in the shot (45-4) and the 4x400 relay team of Derek Anderson, Riley Drahota, Hillesheim and Nick Wilfahrt was fifth in 3:46.13.

On the girl's side, Worthington won with 157 points, Marshall was second with 130.67 and Pipestone was third with 94. New Ulm finished with 51 points.

Marissa Klimmek had a good meet as she finished second in the 3,200 with a time of 12:16.51 and was fourth in the 400 with a time of 1:03.29.

Annalisha Schmidt was fourth in the 100 (14.15), fifth in the 200 (29.41) and was on the 4x100 relay team with Brittney Gulden, Shyranda Hornick and Jatia Traulich that finished fifth in 55.99.

Shalyn Salonek was fifth in the shot (32-6) and sixth in the discus (83-6). Monica Illikman was fifth in the 1,600 with a time of 6:13.51 and Traulich was fourth in pole vault with a height of 7-6.

TROJAN RELAYS: Kuehne leads Fulda to boys' title

By: Worthington Daily Globe

Published May 14 2010

WORTHINGTON — Sparked by an amazing four first-place performances by Devin Kuehne Thursday afternoon, the Fulda Raiders racked up 168 points and convincingly won the Class A boys' title at the 58th Annual Trojan Relays track and field meet at Trojan Field.

While Fulda ran away with the Class A championship — its second straight — Worthington won a close battle for the Class AA crown. The host Trojans outscored rival Marshall 157 to 130.67 and captured their third consecutive first-place trophy at the prestigious Trojan Relays.

"It was a good day featuring lots of great competition by several quality teams and individuals," Worthington co-head coach Doug Brands said. "The weather could have been a little better, but overall it was fun. The Trojan Relays is always one of the highlight meets of the year, and there were some good performances turned in today."

Jackson County Central's Justin Cook (800-meter run, 1:58.84) and Marshall's Beau Bofferding (200-meter dash, 23.33) each set a new record in Class AA. Cook bested Mubarik Musa's time of 2:00.36 set in 2009, while Bofferding broke his own mark (23.41) — also set last year.

Adrian and Murray County Central finished tied for second with 94 points apiece in Class A, while Southwest Christian was fourth with 76. Mountain Lake/Butterfield-Odin (74.5), Westbrook-Walnut Grove/Red Rock Central (71.5), Worthington JV (64.5) and Southwestern United (50.5) rounded out the eight-team field.

Pipestone Area placed third with 94 points in Class AA, while Montevideo finished fourth with 85. JCC (81.33), Luverne (74), New Ulm (51) and Redwood Valley (21) completed the eight-team division, as a total of 16 teams were represented at the meet.

Kuehne's huge day leads Fulda in Class A

Fulda claimed six first-place individual finishes, with Kuehne winning four events to lead the way. Jalen Getting captured a pair of gold medals for the Raiders, winning both the 110-meter high hurdles (16.82) and the 300-meter intermediate hurdles (44.90).

Kuehne started his day with a winning time of 12.23 in the 100-meter dash, as Fulda went 1-2 in that event. Teammate Jack Thony placed second (12.56), the first of his two runner-up performances (200, 25.16).

Kuehne did the rest of his work in the field events, winning the triple jump (40-7), the long jump (20-8) and the high jump (5-10) to finish with an impressive total of 40 points.

"I had a pretty good day," Kuehne said. "The triple jump and the long jump are my two favorite events. It feels great to win four events and also help the team do well."

Nate Fremstad (56.95) and Alex Getting (57.00) gave the Raiders a 2-3 finish in the 400-meter dash, while Fulda's Kyle Kirilin and Brock Burchill both went 10-6 in the pole vault to claim second and third, respectively.

Other top finishes for Fulda came from Alex Getting (third, high jump, 5-6), John Getting (third, 800, 2:15.76), Max Dibble (third, shot put, 38-4½; fourth, discus, 107-0), Aaron Tiesler (fourth, shot put, 36-5¾) and Clarke Hein (fourth, triple jump, 34-11).

"We have some nice talent within our boys' team," Fulda head coach Brad Holinka said. "Devin is very athletic and had a great day, while our other guys also performed well across the board. It has been fun working with and watching these kids succeed in track and field."

Adrian's Jordan Pater was a double-event winner, pulling away to claim a gold medal in both the 1,600-meter run (4:49.05) and the 3,200-meter run (10:38.70). Teammate Justin Feit finished third (5:00.15) and second (11:07.53) in the same races.

"It was a little cold out, which motivated me to run somewhat faster," Pater said after winning the 1,600. "I didn't want to be out there any longer than I had to, so I picked up the pace about midway through and finished strong."

The Dragons' Connor Haken turned in a second-place finish in the discus (111-1), while Austin Lyons (100, 12.88) and Brock Bullerman (200, 25.78) each finished third. Adrian's 4x100-meter relay team (Lyons, Bullerman, Tony Reisdorfer and Cody Reckamp) won with a time of 48.08.

ML/B-O's Daniel Minor won the discus (117-1) and was second in the shot put (39-1½). Derek Swoboda earned a gold medal in the pole vault (10-6) for the Wolverines.

SWU's Mitchel VanWesten won the 800 (2:11.93) and was second in the 1,600 (4:59.72). The Wildcats' Marty Schmitz placed second in the high jump (5-8) and was third in the long jump (18-6¾).

MCC's Matt Beek tossed the shot put 41-4¾ to claim a gold medal. Teammates Brandon Thomson (second, long jump, 18-10½), Sam Beech (third, discus, 109-7) and Max Whitehead (third, 110 hurdles, 20.00) also finished in the top-three of an event.

SWC's Travis Vander Woude (200, 25.03) and Tim Van Bockel (400, 56.03) both won a dash, while Klint Knutson was second in the 800 with a time of 2:15.24. Corey Vis finished third in the 3,200 with a time of 11:10.38 for the Eagles, who won the 4x800 (Vis, Knutson, Ryan Stroeh and Aaron Spronk) with a time of 9:12.62.

W-WG/RRC won a pair of relays, clocking times of 1:39.74 in the 4x200 (Evan Madson, Jon LeBoutillier, Garrett Amundson and Mitch Cornick) and 3:43.33 in the 4x400 (LeBoutillier, Amundson, Cornick and Blake Stevens). Stevens finished second in the 300 hurdles (45.67).

Berger, Bofferding and Stark double-winners in Class AA

Brandon Berger's first-place finishes in the 110 hurdles (16.39) and the triple jump (42-0) helped Worthington win yet another team title.

Berger added a second-place finish (300 hurdles, 42.66) and was a member of the Trojans' winning 4x400-meter relay team that clocked a time of 3:34.68. Will Collin, Jeremy Clark and O.J. Ojullu teamed up with Berger in that race.

Collin claimed a gold medal in the open 400, running a time of 52.26 for Worthington's only other first-place finish.

"The 400 is kind of my forte, and I ran some good times," Collin said. "I was involved in a couple of very competitive races, and it was nice to come away with another team victory at the Trojan Relays."

Naakoo Omot gave the Trojans a pair of third-place efforts in the hurdles (110, 17.37; 300, 43.31), while Will Dudley and Junior Nguyen both cleared 11 feet and finished 2-3 in the pole vault.

Jordon Bents broke a 44-year old WHS record in the shot put, as his toss of 53-10 was good enough for second and surpassed Duane Hochhalter's 1966 Trojans' mark of 53-9. Jalen Voss finished second in the discus with a whirl of 132-7.

Danny Rodriguez (100, 11.94), Musa (800, 2:01.05) and Ethan Spittle (3,200, 10:35.15) also each claimed a silver medal for Worthington. Rodriguez added a third-place finish in the long jump (19-3).

Bofferding paced Marshall with wins in the 100 (11.78) and the 200 (23.33). The Tigers also won the 4x100 (46.07) and had three other individual winners.

Pipestone Area's Eric Stark claimed impressive wins in both the discus (167-8½) and the shot put (57-1¼). Stark's distance in the discus was more than 35 feet better than that of the second-place finisher.

“Eric is having a fantastic season for us,” PA head coach Todd Tinklenberg said. “He has so much ability and is a natural thrower with great leverage and length.”

Shandon Jones had a pair of runner-up finishes (long jump, 20-1; triple jump, 41-4) for the Arrows, while Jake Jones was second in the 110 hurdles (16.73).

Cook may have turned in the most impressive performance of the day, winning the 800 in a record time of 1:58.84. A strong second lap and 200-meter finish allowed Cook to finish ahead of a loaded field, including Musa and Ojullu (fourth, 2:04.91).

“That was a good one to win,” Cook said. “Mubarik was ahead of me along the back-stretch on that last lap, and I wanted to pass him before the turn. I felt good and had fun competing against the Worthington guys.”

Cook teamed up with Matt Kocak, Jon Troe and Sam Hendrickson to win the meet-opening 4x800 in a time of 8:24.45. Kocak was second in the 400 (52.58), and the Huskies’ Nathan Schulz won the long jump (20-1¾) in addition to placing third in the high jump (5-6).

Luverne’s Greg Muller picked up a win in the 300 hurdles (42.25), was second in the 200 (23.60) and was a part of the Cardinals’ winning 4x200-meter relay team (1:33.27) with BG Xaisongkham, Derek Petersen and Jon Ehde.

“That was a tough race,” Muller said after the 300 hurdles. “The hurdle races present some challenges, but they are fun.”

Daniel Muller placed second in the high jump (5-6) for Luverne, while Ehde (100, 12.01) and Shane Kramer (triple jump, 39-10) both claimed third place in an event.

Eagles compete at SCC track meet

POSTED May 20, 2010, New Ulm Journal

(Following article was not posted on New Ulm Journal website but was re-typed from printed publication of May 20, 2010. It has not been edited. An alternative article complete with individual event placings for the meet follows this recap).

BLUE EARTH—The New Ulm boys and girls track and field teams competed at the South Central Conference meet in Blue Earth Tuesday.

On the boy’s side, Blue Earth Area was the champion with 137.5 points and Fairmont was just a point shy at 136.5. Waseca was third with 103.5 points followed by St. Peter with 67.75, Anew Ulm with 62 and St. James with 46.25.

Jake Schmidt had a good day for the Eagles as he won the discus with a toss of 131-feet-11-inches and was second in the shot put with a throw of 46-2.

Tony Hillesheim was second in the 400 with a time of 53.18 seconds. Luke Guggisberg was third in the 200 in 23.43 seconds and Brandon Berg was third in the 110 hurdles with a time of 16.13 seconds. The 4x100 relay team was third in 47.24 seconds.

For the girls, Fairmont came out on top with 151 points, Waseca was second with 145 and BEA was third with 137. St. Peter finished with 71 points followed by St. James with 39 and New Ulm with 15.

Marissa Klimmek was third in the 800 with a time of 2:27.43.



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Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.

FHS girls 1st, boys 2nd at SCC

Jason Wilcox - Sentinel Sports Writer
POSTED May 20, 2010 Fairmont Sentinel

BLUE EARTH - The lights of several cars kept the pole vault area visible deep into the evening of the South Central Conference track and field meet.

But it turned out the meet was, in fact, not decided until after all the lights had been turned off and everybody had gone home.

The Fairmont boys were declared the victors by one point based on what happened in the pole vault on Tuesday, but after a post-meet rescore, the host Bucs held a one-point margin to claim their first boys SCC title since 2003.

"I was a little disappointed (in the final team result) while we were there. I thought I'd made one of my 'brilliant' coaching moves and let my pole vaulter (Jake Zebedee) vault and not run him in the 4x4. But now I feel better about that decision," said Buc head coach Tom Plocker, as Zebedee's second-place pole vault ended up a key to the Bucs' victory.

The Bucs finished with 137.5 to Fairmont's 136.5.

"Fairmont did well, it was a fun, hard-fought meet with many good performances, so that was fun," said Plocker.

"Before the meet started, it needed to be the meet of the year and it was on both sides," said Cardinal head coach Bob Bonk.

However, Bonk's Cardinal girls lineup did not have to endure any post-meet drama as it pocketed an impressive win with 151 points, besting Waseca's 145 and the Bucs' 137. Both Waseca and Blue Earth Area will run in the Class A True Team State Meet on Saturday in Stillwater.

"Waseca and Blue Earth Area are both tremendous teams with both in the state True Team. That (SCC title win) was just awesome. ... We double-placed in just about every event. With 120-125 (points) you know you're going to win and we knew it was going to take a lot of points and I was extremely pleased with the girls performance," said Bonk.

Lauren Friese led the way for the Cardinal girls with double victories in the 1,600 (5:19.17) and the 3,200 (11:24.04). Kaleigh Meyer ended up with Fairmont's other win, a 105-0 effort in the discus.

The Buc girls claimed more overall victories as Marissia Hagedorn was a double-winner with a 15.45-second effort in the 100 hurdles and a 10-6 win in the pole vault. The 4x100 team of Meghan Mittlestadt, Annemarie Hoyt, Ashley Olson and Lexi Holland was a winner in 57.79. Kate Hassing pocketed victory in the triple jump in 35-5 1/2, while Sydney Ristau won the shot with a 34-7 effort.

The Bucs' Nate Carr proved to be the most dominant performer on the boys side, winning all four events he was in en route to claiming the Vern Walden Award for the top male point scorer of the meet.

Carr won the 200 (22.82), 110 hurdles (15.39), 300 hurdles (39.35) and high jump (5-10).

Fairmont was dominant in the relays, winning three of four races. The 4x200 team of Alex Stefanske, Dakota Gilbertson, Zach Roggow and Garrett Zellmer won the 4x200 in 1:35.30, while the 4x400 squad of Josh Koehler, Jeremy Botzet, Justin McMurtry and Zellmer closed out the meet with a win in 3:33.90. The 4x800-meter relay squad of Koehler, Kevin Hanson, Sam Viesselman and Robby Riley also was a winner in 8:32.89.

Nick Lee won the 100 for the Bucs in 11.19, while Jonas Hamperl won the 800 in 2:04.45.

St. Peter's Danielle Larson claimed the female Vern Walden award. (Walden was a New Ulm High School track standout.)



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Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.

GIRLS RESULTS

(As reported by Fairmont Sentinel)

Team results: 1. Fairmont 151; 2. Waseca 145; 3. Blue Earth Area 137; 4. St. Peter 71; 5. St. James 39; 6. New Ulm 15.

100: 1. Neigebauer (W) 12.43; 2. Holland (BEA) 13.07; 3. Strauser (F) 13.17; 5. Mittlestadt (BEA) 13.33.

200: 1. Neigebauer (W) 26.26; 2. Ka. Hassing (BEA) 26.81; 3. Guse (W) 26.97; 5. Rosenberg (F) 27.43; 8. Wegener (F) 28.80; 9. Bearson (F) 29.34; 14. Determan (BEA) 31.21; 15. Carr (BEA) 31.28.

400: 1. Larson (SP) 59.14; 2. Ka. Hassing (BEA) 1:00.74; 3. Bartelt (W) 1:01.83; 4. Riley (F) 1:01.87; 6. Wagner (BEA) 1:03.23; 8. Thiesse (F) 1:05.19; 13. Daniel (F) 1:07.89; 15. Fenske (BEA) 1:11.18.

800: 1. Streich (W) 2:21.34; 2. Riley (F) 2:22.72; 3. Klimmek (NU) 2:27.43; 4. Kr. Hassing (BEA) 2:27.45; 6. Hamp (F) 2:32.98; 10. Anthony (F) 2:41.00; 11. Olsen (BEA) 2:47.19; 15. Cherdchochart (BEA) 3:10.37.

1,600: 1. Friese (F) 5:19.17; 2. Larson (W) 5:26.25; 3. O'Brien (W) 5:29.13; 4. Grandgenett (BEA) 5:30.81; 5. Gerdts (F) 5:42.39; 8. Walker (BEA) 5:57.08; 11. Dekkers (F) 6:06.80; 17. Royer (BEA) 6:58.20.

3,200: 1. Friese (F) 11:24.04; 2. O'Brien (W) 11:36.63; 3. Bowers (SJ) 11:39.93; 5. Lundgren (F) 12:51.33; 7. M. Warmka (BEA) 13:20.06; 8. Anderson (F) 13:47.82; 10. Olson (BEA) 14:05.40.

100 hurdles: 1. Hagedorn (BEA) 15.45; 2. Hitchcock (F) 16.02; 3. Kamm (SP) 16.09; 4. Erickson (F) 16.93; 6. L. Moeller (F) 17.45; 8. Aukes (BEA) 17.81; 9. Tyler (BEA) 17.85.

300 hurdles: 1. Larson (SP) 46.56; 2. Hitchcock (F) 48.08; 3. Hagedorn (BEA) 48.27; 5. Thompson (BEA) 49.97; 9. L. Moeller (F) 52.57; 10. Kloeckner (F) 52.69; 11. Halverson (BEA) 54.08.

4x100: 1. BEA (Mittlestadt, Hoyt, Olson, Holland) 57.79; 2. Waseca 53.67; 3. SJ 54.26; 4. Fairmont (Rosenberg, Boehne, Sandoz, Harris) 54.31.

4x200: 1. Waseca 1:51.58; 2. Fairmont (Rosenberg, Pearson, Harris, Strauser) 1:52.07; 3. BEA (Mittlestadt, Krieger, Olson, Smith) 1:53.17.

4x400: 1. Waseca 4:05.84; 2. Fairmont (Strauser, Thiesse, Riley, Hitchcock); 3. BEA (Wagner, S. Warmka, Grandgenett, Kr. Hassing) 4:14.19.

4x800: 1. Waseca 10:19.40; 2. Fairmont (Hamp, Lundgren, Dekkers, Gerdts) 10:26.27; 3. SJ 10:45.71; 5. BEA (Thompson, Tetzlaff, Halverson, S. Warmka) 10:50.81.

High jump: 1. Guse (W) 5-8; 2. Larson (SP) 5-2; 3. Erickson (F) 5-0; 8. Meyer (BEA) 4-6; 8. Wagner (BEA) 4-6; 8. Thiesse (F) 4-6; 11. Kr. Hassing (BEA) 4-3; 11. Shelgren (F) 4-3.

Pole vault: 1. Hagedorn (BEA) 10-6; 2. Thate (F) 10-3; 3. Annexstad (SP) 9-6; 4. Anderson (BEA) 8-6; 5. Fuhrman (F) 8-0; 7. K. Krumholz (F) 7-6.

Long jump: 1. Larson (SP) 16-10; 2. Erickson (F) 16-7; 3. Holland (BEA) 15-2 1/2; 5. Ka. Hassing (BEA) 14-8; 7. Boehne (F) 14-6; 9. Hitchcock (F) 14-4 1/2; 11. Kr. Hassing (BEA) 14-1 1/2.

Triple jump: 1. Ka. Hassing (BEA) 35-5 1/2; 2. Erickson (F) 35-0; 3. Bearson (F) 33-4; 4. S. Warmka (BEA) 32-1; 8. Aukes (BEA) 30-0; 10. Anthony (F) 29-9 1/2.

Shot put: 1. Ristau (BEA) 34-7; 2. Meyer (F) 34-2 1/2; 3. Hoyt (W) 33-0 1/2; 4. Krieger (BEA) 32-7 1/2; 5. Mowery (F) 32-2; 7. Lardy (F) 30-0; 14. Jenkins (BEA) 23-2.

Discus: 1. Meyer (F) 105-0; 2. Streich (W) 102-3; 3. Krieger (BEA) 100-1; 4. Hoyt (BEA) 99-1; 7. Mowery (F) 90-10; 9. Twedten (BEA) 81-10; 10. Christensen (F) 80-5.



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Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.

BOYS RESULTS

As reported by Fairmont Sentinel

Team results: 1. Blue Earth Area 137.5; 1. Fairmont 136.5; 3. Waseca 104.5; 4. St. Peter 68.75; 5. New Ulm 62; 6. St. James 46.25.

100: 1. N. Lee (BEA) 11.19; 2. Schultz (F) 11.43; 3. Tvedten (BEA) 11.53; 4. Quade (F) 11.55.

200: 1. Carr (BEA) 22.82; 2. Schultz (F) 23.38; 3. Guggisberg (NU) 23.43; 4. Stefanske (F) 23.64; 5. Roe (BEA) 24.62; 8. N. Roggow (F) 24.89; 9. D. Plocker (BEA) 24.97.

400: 1. Schultz (F) 52.11; 2. Hillesheim (NU) 53.18; 3. Botzet (F) 53.51; 4. J. Zebedee (BEA) 53.58; 6. Z. Roggow (F) 54.27; 10. Zierke (BEA) 56.04; 16. Theobald (BEA) 57.60.

800: 1. Hamperl (BEA) 2:04.45; 2. Riley (F) 2:04.95; 3. Rudolph (W) 2:05.23; 4. Viesselman (F) 2:06.82; 12. Barnes (F) 2:16.70.

1,600: 1. Sass (W) 4:38.63; 2. Streich (W) 4:47.27; 3. Ehlert (F) 5:01.45; 5. Reynolds (F) 5:02.56; 7. Zastrow (BEA) 5:08.78; 10. Hanson (F) 5:16.20; 15. Vasquez (BEA) 5:46.20; 17. Leitzke (BEA) 6:09.60.

3,200: 1. Sass (W) 10:11.55; 2. Streich (W) 10:22.54; 3. Surber (SJ) 10:41.81; 4. Wagner (BEA) 11:05.20; 6. Kloeckner (F) 11:09.89; 7. Ehlert (F) 11:10.64; 8. Hamp (F) 11:28.72; 10. Allevan (BEA) 11:42.90; 14. Gorackowski (BEA) 12:55.70.

110 hurdles: 1. Carr (BEA) 15.39; 2. Heuer (F) 16.10; 3. Berg (NU) 16.13; 5. McCartney (F) 16.75; 6. Brooks (F) 17.29; 10. Hagedorn (BEA) 19.52; 16. Gorackowski (BEA) 24.20.

300 hurdles: 1. Carr (BEA) 39.35; 2. McMurtry (F) 41.88; 3. Hutchins (SJ) 43.02; 5. Quade (F) 43.07; 8. Koehler (F) 44.60; 10. S. Plocker (BEA) 45.44; 18. Hagedorn (BEA) 51.68.

4x100: 1. Waseca 46.07; 2. BEA (Tvedten, D. Plocker, Darrington, N. Lee) 46.27; 3. NU 47.24.

4x200: 1. Fairmont (Stefanske, Gilbertson, Z. Roggow, Zellmer) 1:35.30; 2. BEA (Roe, D. Plocker, Darrington, Dyslin) 1:36.73; 3. Waseca 1:38.63.

4x400: 1. Fairmont (Koehler, Botzet, McMurtry, Zellmer) 3:33.90; 2. Waseca 3:41.03; 3. BEA (J. Olson, Hamperl, T. Olson, S. Plocker) 3:42.28.

4x800: 1. Fairmont (Koehler, Hanson, Viesselman, Riley) 8:32.89; 2. SJ 8:36.18; 3. Waseca 8:58.67; 4. BEA (Wagner, Olson, Vasquez, Miranda) 9:25.84.

High jump: 1. Carr (BEA) 5-10; 2. Darrington (BEA) 5-10; 3. Deling (W) 5-8; 5. Barnes (F) 5-6; 7. McMurtry (F) 5-4; 11. Ricard (F) 5-2; 14. Klinksiek (BEA) 5-0.

Pole vault: 1. Bachmann (SP) 13-0; 2. Zebedee (BEA) 13-0; 3. Fujan (F) 11-6; 5. Tvedten (BEA) 10-6; 9. Flores (BEA) 10-0; 11. Larson (F) 9-0.

Long jump: 1. Strey (SP) 19-6; 2. Harvey (W) 19-4; 3. Zellmer (F) 18-11; 4. Quade (F) 18-10 1/2; 7. Roe (BEA) 18-0; 8. Stefanske (F) 17-10 1/4; 14. Olson (BEA) 16-3; 16. Beattie (BEA) 15-9 1/2.

Triple jump: 1. Strey (SP) 41-2 1/2; 2. Karlsrud (SP) 41-2; 3. O'Connell (SP) 40-0; 5. Zellmer (F) 38-4; 8. Flores (BEA) 37-5 1/2; 10. Plocker (BEA) 35-2 1/2; 11. Olson (BEA) 34-11 1/2; 12. Brooks (F) 34-10 1/2; 17. Bauman (BEA) 32-3 1/2.

Shot put: 1. Tonsager (SJ) 49-0 1/2; 2. Schmidt (NU) 46-2; 3. N. Lee (BEA) 45-9 1/2; 4. Andrews (BEA) 45-2 1/2; 6. S. Lee (BEA) 42-7 1/2; 11. Verhaal (F) 39-4; 12. Bremer (F) 38-9 1/2; 14. Sanden (F) 36-11.

Discus: 1. Schmidt (NU) 131-11; 2. N. Lee (BEA) 131-3; 3. Byron (W) 120-1; 10. Brown (BEA) 98-3; 12. Verhaal (F) 97-9; 13. Christensen (BEA) 96-4; 14. Sanden (F) 92-6; 16. Bremer (F) 90-8.



NU & NUC 2010 CO-OP TRACK



Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.

NU boys, girls take 3rd

POSTED May 21, 2010 New Ulm Journal

HUTCHINSON - The New Ulm boys and girls track and field teams both took third at the Hutchinson Triangular Thursday.

The boys finished with 25 points and the girls finished with 19.5 points.

For the boys, New Ulm's Luke Guggisberg won the 200 meters in 22.9 seconds and Jake Schmidt won the discus with a throw of 136-feet-5 inches. Schmidt also won the shot put with a throw of 48-8.

Brandon Berg won the triple jump with a mark of 39-8.75 and was second in the 110 hurdles in 15.8.

For the girls, Marissa Klimmek won the 800 in 2:31 and Monica Illikman was second in the 1,600-meter run in 6:03.1. Rachel Enwright was second in the long jump with a mark of 14-9.

Eagles compete at Section 2AA track meet

POSTED June 3, 2010 New Ulm Journal

ST. PETER - The New Ulm boys and girls track and field teams competed in the first day of the Section 2AA meet Wednesday at Gustavus Adolphus College.

Jacob Schmidt finished fourth in the shot put with a distance of 47-feet-5.25-inches.

Luke Guggisberg had a good first day of competition. He qualified for today's finals by taking second in the 200-meter dash with a time of 23.28 seconds. He was also second in the 100-meter dash with a time of 11.77 seconds.

Brandon Berg qualified for the finals with an eighth-place finish in the 110-meter hurdles with a time of 16.48 seconds. But he just missed out in qualifying in the 300 hurdles as he finished 11th in 43.74 seconds. Tony Hillesheim finished 10th in the 400 with a time of 52.86 seconds and just miss qualifying for finals.

On the girls side, Marissa Klimmek qualified in the finals of the 400 with a time of 1:02.31. She finished 10th in the 800 with a time of 2:23.10 to just miss qualifying for finals.

Eagles fail to qualify

POSTED Juene 4, 2010

ST. PETER - The New Ulm boys and girls track and field teams competed at the Section 2AA meet at Gustavus Adolphus College Friday.

There were some close finishers but no New Ulm athletes qualified for the Class AA state meet.

Jacob Schmidt was the closest to qualify. He took fourth in the shot put on Wednesday with a toss of 47-feet-5.25-inches.

Shakopee's Rob Sybrant was the overall medalist with a toss of 50-4.



Staff photo by Steve Muscatello
New Ulm's Jake Schmidt competes in the discus during the Section 2AA Track Meet Friday at Gustavus Adolphus College in St. Peter. For more photos of this event, go to cu.njournal.com



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Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.

On Friday, Schmidt finished fourth in the discus with a distance of 147-4. The three competitors that finished in front of him all qualified with Deven Sowers of Delano taking home the top throw at a distance of 163-feet. Matt Schnorenberg of Mankato West was second at 155-11 and Marshall's Jacob Moe was third at 153-1.

Luke Guggisberg ran in the finals of two events Friday.

He finished third in the 200-meter dash with a time of 23.16 seconds. Marshall's Beau Bofferding was first at 22.64 seconds and Chanhassen's Nik Ihlant was second in 23.07 seconds.

Guggisberg took sixth in the 100 with a time of 11.64 seconds. Bofferding won in 11.25 seconds.

The only New Ulm girl to qualify for Friday's finals was Marissa Klimmek in the 400-meter run. She was sixth with a time of 1:02.31.

For the boys, Mankato East was the overall champion with 122 points. Buffalo was second with 105 points and Orono was third with 63 points. New Ulm finished 13th with 22 points.

As for the girls, New Prague was the champion with 92 points. Mankato East was second with 89 points and Waconia was third with 75 points.

Burk wins section hurdles

POSTED June 6, 2010 New Ulm Journal

Seidl in state shot put

By Fritz Busch, Journal Staff Writer

MANKATO - Minnesota Valley Lutheran freshman Sarah Burk qualified for the state track meet in two events, winning the Section 2A 100-meter hurdles and long jump Saturday at Mankato West.

Burk won the 100 hurdles in 15.27 seconds and long jumped 16-11.75 inches, winning that event with ease.

Other area state qualifiers included Sam Seidl of Sleepy Eye United who took second with a 38 feet, 6.5 inch shot put.

"I had a good week of practice," Seidl said. "We did a Friday practice like it was a track meet."

Jay Rogotzke of Gibbon Fairfax Winthrop (GFW) finished second in the 200 meters.

Kyle Hoffman of GFW tossed the discus 149-2 for third place but beat the state standard by 3 inches.

MVL's Alicia Evenson 5th place high jump of 5-4 equalled the state qualifying standard.

Sleepy Eye United's girls 4x200 missed the state qualifying standard by .28 of a second.

Sleepy Eye United and MVL's girls teams each scored 48 points, tying for sixth.



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The state meet is June 11 and 12 at Hamline University in St. Paul.

Other finals results:

Girls 4x800 6. Sleepy Eye United SEU 10:38.47. 100 meters 4. Jenny Peterson MVL 12.98. 7. Nikki Carr SEU 13.65. 8. Madeline Schmitz SEU 13.7. 4x200 SEU 1:48.58. 3. MVL 1:50.7. 1600 6. Schumacher SEU 5:44.45. 4x100 4. SEU 52:26. 400 16. Banken SEU 1:08.59. 300 hurdles 6. Lange MVL 48.61. 7. Evers MVL 48.63. 12. Krumbach SEU 50.6. 200 8. Marti SEU 27.89. 3200 7. Schumacher SEU 12:30.09. High jump 4. Evenson MVL 5-4. 7. M. Schmitz SEU 4-8. Triple jump - 14. J. Schmitz SEU 30-5.25. Discus 3. Seidl SEU 109.4. 8. Platz GFW 97-10. 16. Trettin GFW 77. Shot put 2. Seidl SEU 38-06.5. 10. Platz GFW 34-05.75.

Boys 110 hurdles 6. Boyda GFW 15.81. 4x200 4. Sibley East 1:37.83. 6. MVL 1:37.99. 1600 2. A. Thies Sibley East 4:33.55. 10. Albrecht GFW 4:54.08. 4x100 4. MVL 45.03. 400 4. Rogotzke GFW 51.15. 300 hurdles 4. Garcia Sibley East 41.46. 5. Marquez SEU 42.4. 12. Boyda GFW 44.76. 800 2. A. Thies Sibley East 2:05.01. 200 2. Rogotzke 23.2. 4. Kuehl Sibley East 23.71. 4x400 5. GFW 3:37.29. High jump 3. Evers MVL 6-0. Long jump 3. Rogotzke 19-10.75. Discus 3. Hoffman (GFW) 149-2. Shot put 14. Hoffman (GFW) 41-

Saints' Larson a state qualifier in four events

POSTED June 6, 2010 Mankato Free Press

St. Peter junior wins 400-meter dash, Waseca wins team title

By Tom Lemmermann Free Press Staff Writer

MANKATO — Already favored to go to the state meet in the 300-meter hurdles, the long jump and the high jump, Danielle Larson turned in a clutch 400-meter dash performance to qualify in yet another event as St. Peter finished fourth at the Section 2A track and field meet at the Mankato West track on Saturday.

With the fifth-best seed time in the 400 at 1:01.44, the junior finished first in 57.81, a second-and-a-half faster than the state qualifying time.

"The time I had at subsections going into (today's race), it wasn't where I wanted to be," Larson said. "I knew coming into it that just because I finished fifth didn't mean that that's where I wanted to finish."

Larson took second in the long jump at 16-feet-41/4, second in the high jump at 5-6 and second in the 300-meter hurdles in 46.84.

"It feels really good (to qualify in four events)," she said. "It's good to be able to work really hard and to have it pay off. It feels fantastic."

Waseca won the meet with 118 points. St. Peter finished with 64.5 points, a mere half-point behind Belle Plaine. Blue Earth Area finished fifth with 61 points, Minnesota Valley Lutheran tied for sixth with Sleepy Eye United with 48 points, and New Richland-Hartland-Ellendale-Geneva took eighth with 45 points.

Leading the Bluejays was Kaitlyn Seberson, who placed first in the 100-meter dash in 12.72 and qualified for state in the 200-meter dash with a third-place finish of 26.49. She joined Keari Harris, Katie Guse and Ellie Neigebauer as the anchor of the 4x200 relay team that won in 1:45.34.

Guse also won the high jump at 5-6, and Neigebauer won the 200-meter dash in 26.08.

Joining them in the trip to the state meet are teammates Morgan Larson, who took first in the 1,600-meter run in 5:21.65, and Allison Streich, who won the 800-meter run in 2:19.92.



NU & NUC 2010 CO-OP TRACK



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Alyssa Kerkhoff of NRHEG took second in the 200-meter dash in 26.30 and second in the 100-meter dash in 12.95. Despite finishing in third, Kerkhoff also qualified in the 400-meter dash with a state-qualifying time of 59.0.

St. Clair's Ashley Thooft also qualified in two events as she won the shot put at 39-81/2 and placed second in the discus at 110-3. Bethany Anderson of Maple River won the discus throw at 123-6.

Sarah Burk of MVL won the long jump at 16-113/4. Mankato Loyola's Meghan Henriksen took second in the 1,600-meter run in 5:22.54.

Along with Guse and Danielle Larson, Aly Bremer of Granada-Huntley-East Chain/Martin Luther, Brianna Miller of Waseca and Alicia Evenson of MVL all qualified for state in the high jump, each reaching 5-4. **Free Press Results:**

Discus Throw: 1-Bethany Anderson (MR) 123-feet-6; 2-Ashley Thooft (SC) 110-03; 3-Sam Siedl (SEU) 109-04; 4-Katie Schmidt (LSH) 109-03; 5-Emily Hurley (SJ) 106-06.

4x800 Relay: 1-Fairmont (Justine Gerdts, Mary Hitchcock, Lauren Friese, Jami Riley) 9:41.00; 2-USC/AC 10:05.64; 3-Waseca 10:22.65; 4-St. Peter 10:25.45; 5-LSH 10:30.76.

Long Jump: 1-Sarah Burk (MVL) 16-feet-11 3/4; 2-Danielle Larson (SP) 16-04 1/4; 3-Celeste Borchardt (BP) 16-02; 4-Linnea Erickson (Fairmont) 16-00 3/4; 5-Alexis Erpenbach (NYA) 15-10 1/2.

100m Hurdles: 1-Sarah Burk (MVL) 15.27; 2-Taylor Olson (MCW) 15.43; 3-Kaitlin Kamm (SP) 15.66; 4-Marissia Hagedorn (BEA) 16.13; 5-Melissa Sorensen (LCWM/N) 16.60.

Pole Vault: 1-Marissia Hagedorn (BEA) 10-feet-07; 2-Erica Thate (Fairmont) 10-01; 3-Alistair McCrady (ML) 9-07; 4-Cassy Kubes (ML) 9-07; 5-Katie Read (BP) 9-01.

100m Dash: 1-Kaitlyn Seberson (Waseca) 12.72; 2-Alyssa Kerkhoff (NRHEG) 12.95; 3-Taylor Olson (MCW) 12.96; Jenny Petersen (MVL) 12.98; 5-Brianna Gormley (USC/AC) 13.17.

4x200 Relay: 1-Waseca (Keari Harris, Katie Guse, Ellie Neigebauer, Kaitlyn Seberson) 1:45.34; 2-SEU 1:47.89; 3-MVL 1:49.90; 4-Fairmont 1:50.99; 5-LSH 1:51.03.

1,600m Run: 1-Morgan Larson (Waseca) 5:21.65; 2-Meghan Henriksen (Loyola) 5:22.54; 3-Courtney Grandgenett (BEA) 5:37.99; 4-Abby Crabtree (NRHEG) 5:43.48; 5-Parry Larson (NYA) 5:43.82.

4x100 Relay: 1-Belle Plaine (Celeste Borchardt, Katie Read, Jamie Read, Alex Hartman) 49.71; 2-MCW 50.98; 3-Waseca 52.26; 4-SEU 52.26; 5-BEA 52.54.

400m Dash: 1-Danielle Larson (SP) 57.81; 2-Tara Roelofs (LCWM/N) 58.72; 3-Alyssa Kerkhoff (NRHEG) 59.00; 4-Steph Koepp (GSL) 59.36; 5-Kate Hassing (BEA) 59.71

300m Hurdles: 1-Mary Hitchcock (Fairmont) 45.71; 2-Danielle Larson (SP) 46.84; 3-Breanna Denn (SC) 47.22; 4-Kaitlin Kamm (SP) 47.77; 5-Molly Sullivan (LSH) 47.93.

Shot Put: 1-Ashley Thooft (SC) 39-feet-08 1/2; 2-Sam Siedl (SEU) 38-06 1/2; 3-Karina Schroeder (LCWM/N) 37-05 1/2; 4-Kaleigh Meyer (Fairmont) 37-01; 5-Sydney Ristau (BEA) 36-01 3/4.

800m Run: 1-Allison Streich (Waseca) 2:19.92; 2-Emily Zaharia (MT) 2:20.03; 3-Haley Fogarty (BP) 2:21.63; 4-Jami Riley (Fairmont) 2:23.66; 5-Jessica Eibs (SE) 2:26.33.

Triple Jump: 1-Haley Fogarty (BP) 35-feet-02 1/2; 2-Linnea Erickson (Fairmont) 35-01 1/4; 3-Kate Hassing (BEA) 35-00 1/2; 4-Melissa Tracy (ML) 34-06; 5-Parry Larson (NYA) 33-09.

200m Dash: 1-Ellie Neigebauer (Waseca) 26.08; 2-Alyssa Kerkhoff (NRHEG) 26.30; 3-Kaitlyn Seberson (Waseca) 26.49; 4-Briana Brandts (SJ) 27.53; 5-Morgan Rosenberg (Fairmont) 27.57.

High Jump: 1-Katie Guse (Waseca) 5-feet-06; 2-Danielle Larson (SP) 5-06; 3-Aly Bremer (GHEC/ML) 5-04; 4-Brianna Miller (Waseca) 5-04; 4-Alicia Evenson (MVL) 5-04.

3,200m Run: 1-Lauren Friese (Fairmont) 11:14.75; 2-Cheyenne Bowers (SJ) 11:28.75; 3-Sally O'Brien (Waseca) 11:31.18; 4-Sadie Novak-Klug (Waseca) 12:02.59; 5-Tori Burr (GSL) 12:06.82.

4x400 Relay: 1-Belle Plaine (Alex Hartman, Celeste Borchardt, Haley Fogarty, Katie Read) 4:04.43; 2-BEA 4:11.71; 3-LSH 4:12.34; 4-Fairmont 4:12.34; 5-GSL 4:13.02.



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Season game reports as gathered from New Ulm Journal and other newspapers and resources by New Ulm Sports Central.

East's Paarmann qualifies for Boy's state in two events

POSTED June 6, 2010 Mankato Free Press

Hurdler to compete in 110-hurdles, 4x100 relay

By Tom Lemmermann Free Press Staff Writer

ST PETER — Colin Paarmann was just hoping to qualify for the state meet in the 110-meter hurdles, but thanks in part to his teammates, he will be running in the 4x100 relay race as well after qualifying in both at the Section 2AA track & field meet and leading Mankato East to victory at the Gustavus Adolphus track Saturday.

The Cougars scored 122 points to win the 15-team event. Mankato West finished sixth with 51 points, and New Ulm finished with 22 points, good for 13th.

Paarmann took second in the 110-meter hurdles in 14.99 and was the last leg of the 4x100 relay team that also featured Tanner Enter, James Moore and Ganamo Bati that won with a time of 44.05. He also placed ninth in the long jump at 19-feet-8 to add to his already impressive arsenal of events.

"Colin kind of stepped up as that (multi-event) guy," said East coach Jon Dierks. "He can do a little bit more on the track because he's got those hurdles he's so good at."

The 4x100 team's qualification was accomplished in the same fashion as East's victories in the 4x200 relay and the 4x400 relay, which was with the team's fastest runners sacrificing some individual glory to help teammates get to the state meet.

"We talked about (the relays) with the kids about loading two (with the most talent), and they wanted to load the third one," Dierks said. "We as a coaching staff had our mind set on two, but they decided they were going to take everyone (to state)."

Paarmann is looking forward to a close race in the 110-meter hurdles at the state meet.

"I got second in that race, but my fastest time is faster than the guy who won today," Paarmann said. "It's all kind of up in the air so it's going to be a really good race."

The 4x200 team that took first in 1:31.08 for East was made up of Enter, Ben Neyers, Cameron Clause and Moore. The 4x400 team that took first in 3:26.83 was made up of Enter, Moore, Clause and Ryan Erdman.

Also qualifying for the state meet for the Cougars was Erdman in the 800-meter run, who took first in a nail-biter in 1:57.56, less than one-hundredth of a second faster than New Prague's Scott Jensen and barely over one-hundredth of a second faster than Buffalo's Matt Dietrich. Mat Schnorenberg qualified after placing second in the discus throw at 155-feet-11.

For the Scarlets, the only state qualifier was Graham Stock, who placed second in the 300-meter hurdles in 40.03 and narrowly missed state in the 110-meter hurdles with a time of 15.43, good for third.

"I feel like I did pretty good," Stock said. "I got two personal records and just ran two good races."

To Stock, a season full of hard work was the key to his state berth.

"It means a lot (to do well)," he said. "It (just) shows what hard work can get you."

Note: Results listing not published on Mankato website.